

HUBBARD COMMUNICATIONS OFFICE
Saint Hill Manor, East Grinstead, Sussex

HCO BULLETIN OF 6 AUGUST 1968

Remimeo

LEVEL III
IMPORTANT - STAR RATED

R 3 H

(Takes precedence over all other HCOBs & Tapes)

The way to handle the ARC Breaks of a case with R3H as the process for Level III is:

- (1) Locate a change in life by listing to a blowdown. Use that period. "What change has happened in your life" is a version of the question.
- (2) Get it dated.
- (3) Get some of the data of it (don't run as an engram) so you know what the change was.
- (4) Find out by assessment if this was a Break in

Affinity
Reality
Communication or
Understanding

and have the pc examine that briefly.

- (5) Taking the one found in (4) find out by assessment if it was

Curious about _____
Desired _____
Enforced _____
Inhibited _____

That is all there is to it.

That was the research process.

It works like a bomb.

To make sure it works well, get in the rudiments before you do it.

It has been said that you can do this several times on a pc beyond a floating needle on one. I have not verified this.

Doing Know - Unknown - Curious, etc. first is definitely wrong. ARC is dominant. ARC is done first as above. Understanding is the composite of ARC and so is added to ARC as U in (4) above.